

CULTURAL INTELLIGENCE: INCLUSION ACROSS CULTURES

Cultural Intelligence (CQ®) is the capability to function and relate effectively in culturally diverse situations. During Global Inclusion Week, try to complete five squares in a row (horizontally, vertically, or diagonally) to get BINGO! And see your level of Cultural Intelligence (CQ) grow.

B

I

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G

O

Learned a greeting in a new language

Asked a colleague about a cultural tradition they practice

Read an article about doing business in a different culture

Observed different workplace styles

Used a translation app to communicate with someone

Listened to music from a country you've never visited

Shared a cultural tradition of your own with a colleague

Attended a cultural intelligence workshop or training

Brainstormed ways to adjust your communication style for a meeting with colleagues from a different culture

Practiced non-verbal greetings from different cultures

Tried a new food from a different culture

Set a personal goal for increasing your cultural intelligence

Researched cultural dimensions for a specific country (e.g., individualism vs. collectivism)

Modified my email sign-off based on the receiver's cultural norms

Engaged in a conversation about a cultural misunderstanding (respectfully)

Learned a fun fact about a colleague's background

Reflected on a time my lack of cultural knowledge hindered an interaction

Listened to a podcast about cultural biases

Discovered a commonality you have with someone from a different background

Donated to a charity supporting global causes

Smiled at someone you didn't know

Watched a webinar on cultural intelligence

Read a book on cultural intelligence

Explored some art from a different culture to your own

Reflected on your 'why' for developing cultural intelligence

FIND OUT MORE ABOUT CULTURAL INTELLIGENCE

<https://jennygarrett.global/organisations/leadership-training/develop-your-cultural-intelligence-cq/>